

Postpartum Support Virginia

Hope and help for new mothers



Season
of Giving



Thank
You!

PSVa Receives Several Grants

PSVa recently received several grants to continue programs and expand services throughout Virginia.

Grants account for 30% of PSVa's revenues.

<i>Junior League of Charlottesville</i>	\$4,000
<i>Langley for Families Foundation</i>	\$10,000
<i>Williamsburg Community Foundation</i>	\$2,500
<i>Williamsburg Health Foundation</i>	\$8,000

We're Growing!

PSVa now has local coordinators in

Hampton / Newport News

Northern Virginia

Williamsburg

Woodbridge





Plus a "home office" that includes
Executive Director
Operations Director
Social Media Coordinator



Year-End Giving

Donations make up 30% of PSVa's budget;
50% of donations come in the last two weeks of December.
Please **DONATE** today!

- \$37.50** helps one new mother via phone or email
- \$132** funds one support group meeting
- \$225** provides training to a doctor's office
- \$312** trains one volunteer
- \$500** trains one therapist

Hope and help for new mothers



Post Office Box 7521

Arlington VA 22207

703-829-7152

www.postpartumva.org