PSVa Today
Celebrate May With PSVa!

Maternal Mental Health Awareness Month
The Virginia General Assembly has declared May as Maternal Mental Health Month! Thank you, Virginia, for recognizing the importance of mental health for new and expectant mothers and their families.
Read the full text HERE

Screening New and Expectant Moms for Perinatal Mood and Anxiety Disorders
The American Congress of Obstetricians & Gynecologists – the most influential group governing obstetric providers – issued a statement in April encouraging clinicians to screen perinatal patients for anxiety and depression.

This is BIG NEWS!
Until now, obstetric providers have been reluctant to screen because of lack of referrals and resources.
Thank goodness PSVa is here to help!
Learn more HERE

Shop for Mother’s Day Gifts
Support PSVa and choose the perfect gift for the special ladies in your life: mothers, sisters, daughters, wives, friends. Jewelry and gift items all feature PSVa’s iconic flower.
Shop HERE

Honor Someone Special.....
Donate to the Annual Fund
Each May, PSVa launches its Annual Fund. Donate in honor of someone special, and PSVa will send a beautiful notecard.

This year’s Annual Fund goal is $10,000, which supports PSVa’s operations:

Quick Links
PSVa Website
Donate
Contact PSVa

PSVa Mission
Help new and expectant mothers and their families overcome anxiety, depression, and other perinatal mood and anxiety disorders (PMADs).

PSVa Vision
Every childbearing woman in Virginia will receive information about perinatal mood and anxiety disorders (PMADs) and have access to help.

NEW!
Manassas Postpartum Support Group
New and expectant moms experiencing anxiety and depression now have their own support group in Manassas. Here's the scoop:

Prince Wm Medical Center
Hylton Birthing Center
8700 Sudley Road
Manassas VA 20110

1st & 3rd Friday mornings
Contact Nancy Sonnenberg at 703-369-8649.

- Providing support and resources to moms and families
- Conducting outreach efforts to medical professionals
- Identifying mental health professionals
- Recruiting and training volunteers

Please be generous!
Include contact information in the Comments box.
Donate HERE

Hope and help for new mothers

www.postpartumva.org
DONATE

[Donate button]