PSVa is the fortunate recipient of several recent grants. Many thanks to the following organizations for supporting PSVa's programs to provide hope and help to new mothers.

Saint Agnes Catholic Church in Arlington provided a $1,800 donation through the Brother Dennis Program.

Williamsburg Community Foundation's Fund for Women and Girls awarded a $1,000 grant for activities in Williamsburg. At right is Stephanie King, who established the Fund for Women and Girls, along with PSVa Williamsburg Coordinator Danielle Cauley.

The Langley for Families Foundation provided a $4,500 grant to PSVa for support groups throughout Hampton Roads. PSVa currently provides groups in Norfolk, Portsmouth, Virginia Beach, and Williamsburg and is working to add groups in Hampton and Newport News. At left is PSVa Executive Director Melanie Bunse with Ashley Gaither, executive director of the Langley for Families Foundation.

PSVa Mission
Help new and expectant mothers and their families overcome anxiety, depression, and other perinatal mood and anxiety disorders (PMADs).

PSVa Vision
Every childbearing woman in Virginia will receive information about perinatal mood and anxiety disorders (PMADs) and have access to help.

Give to PSVa!
PSVa relies on gifts and grants to provide hope and help to new mothers. In 2017, PSVa helped 498 new and pregnant moms through phone, email, and support groups.

Here's how you can help:
$25 helps one new mom
$50 trains a volunteer
Funds one support group $100
$250 educates a provider
$500 provides an annual supply of educational materials about PMADs to a hospital

Director Adrienne Griffen with Jose Irequi, member of the Board of Directors of the

Foundation.

The Sentara Foundation awarded a $5,000 grant to PSVa for support groups and outreach at Sentara Hospitals in Hampton Roads.

The Williamsburg Health Foundation awarded a $5,000 grant, allowing PSVa to hire a local coordinator (Danielle Cauley, at far right). Also featured in the photo are (L-R) Diana McSpadden, PSVa Board member; Paulette Parker, WHF Senior Program Manager; Adrienne Griffen, PSVa Executive Director; and Alison Brody, WHF Director of Community Development and Engagement.

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